



METC Diet and Nutrition Therapy (DNT)
Army - Nutrition Care Specialist (325-68M10)
Air Force - Diet Therapy Apprentice (L5ABJ4D031 01AA – AFSC 4D031)
 to
Walden University Bachelor of Science in Health Studies (BSHS)
Health Promotion and Wellness Concentration
Course-Based and Tempo Learning® Option

METC Diet and Nutrition Therapy (DNT)	Walden University BS in Health Studies (General) Includes Tempo Learning® (Competency-Based) Option Equivalencies in Quarter Credits	
GENERAL EDUCATION COURSEWORK		
N/A	N/A	0
CONCENTRATION COURSES (Or Electives for General Program)		
DIET 101 Introduction to Nutrition	HLTH 4320 Nutrition Across the Lifespan	5
DIET 203A Nutrition for Performance Optimization (Army Only)	HLTH 4340 Fit and Well	5**
TOTAL QUARTER CREDITS TRANSFERRED TO WALDEN UNIVERSITY FROM DIET AND NUTRITION THERAPY TECHNICIAN TRAINING		10 ** (Army) 5 (Air Force) 7 sem credits (Army) 3 sem credits (Air Force)
CONTINUED ON NEXT PAGE **Army only		

Walden University accepts **up to 135 quarter credits** (90 semester credits) **in transfer** to this program.
Quarter credit equivalencies are shown.
 A **minimum of 45 credits** (30 semester credits) must be earned at Walden.

**Please note: Students that reside in Virginia may be eligible to transfer up to 125 quarter credits. At least 55 quarter credits must be completed at Walden.*

This guide is recommended as a mapping tool. Mapping is based on the current catalog and subject to change at institution's discretion without
 amendment of the articulation agreement.
 Official transcripts required. Transfer acceptance subject to registrar approval.

REMAINING GENERAL EDUCATION COURSEWORK	
(EQUIVALENT MAY BE TRANSFERRED FROM ANOTHER INSTITUTION, OR TAKEN AT WALDEN UNIVERSITY)	
ENGL 1010 Writing with Confidence and Purpose	5
Choose ONE Written and Oral Communication Course: Communication/Composition II/Business Writing	5
BIOL 1001 Intro to Biology OR BIOL 3020 Essentials of Human Anatomy & Physiology OR BIOL 2320C Nutritional Science	5
MAT 1030 College Math or STAT 3001 Statistical Methods and Applications	5
PSYC 1001 Introduction to Psychology	5
Choose ONE Social Science Elective: Sociology/Psychology/Antropology/Geology/History/Microeconomics/Political Science	5
HMNT 1001 Living and Learning in a Technological World (course-based) OR Humanities Elective (Tempo)	6/5*
Choose ONE Humanities course: Arts/Literature/Humanities/Languages/Philosophy/Religion	5
General Education Elective	5
FREE ELECTIVES	
(MAY BE TRANSFERRED FROM ANOTHER INSTITUTION, OR TAKEN AT WALDEN UNIVERSITY)	
Free Electives (minimum of 4 courses must be at upper level)	50
REMAINING HEALTH STUDIES COURSEWORK + CAPSTONE	
HLTH 1000 Concepts of Health Promotion	5
HLTH 1005 Context of Healthcare Delivery	5
HLTH 2110 Behavioral and Cultural Issues in Healthcare	5
HLTH 2500 Theories of Health Behavior	5
HLTH 3115 Public and Global Health	5
HLTH 4000 Introduction to Healthcare Management	5
HLTH 4200 Principles of Epidemiology	5
HLTH 4205 Introduction to Research Methods and Analysis	5
HLTH 4380 Strategies for Health Communication and Wellness	5
PUBH 4030 Planning Public Health Programs	5
PUBH 4100 Evaluating Public Health Programs	5
HLTH 4900 Capstone	5
REMAINING CONCENTRATION COURSES	
HLTH 4300 Personal Health and Wellness	5
HLTH 4340 Fit and Well: Core Concepts in Exercise Science	5** (AF Only)
HLTH 4360 Stress Management and Wellness	5
PUBH 4000 Public Health Education and Communication	5
ADDITIONAL QUARTER CREDITS THAT MAY BE TRANSFERRED FROM ANOTHER INSTITUTION <u>OR</u> TAKEN AT WALDEN UNIVERSITY	
	90
	60 sem credits
HEALTH STUDIES CORE CREDITS AND NON-TRANSFERABLE CREDITS	
	81/80* (Army) 86/85* (Air Force)
	53/57 sem credits
TOTAL QUARTER CREDITS IN WALDEN UNIVERSITY BS IN HEALTH STUDIES DEGREE	
	181/180*
	120 sem credits