



**METC Nutrition and Diet Therapy Technician (DNT)
Army - Nutrition Care Specialist (325-68M10)
to
Walden University Bachelor of Science in Public Health (BSPH)
Course-Based and Tempo Learning®
Health Promotion and Wellness Concentration**

METC Nutrition and Diet Therapy Technician U.S. Army	Walden University BS in Public Health Course-Based and Tempo Learning® Option Equivalencies in Quarter Credits	
GENERAL EDUCATION COURSEWORK		
N/A	N/A	0
HEALTH PROMOTION AND WELLNESS CONCENTRATION COURSES		
DIET 101 Introduction to Nutrition	HLTH 4320 Nutrition Across the Lifespan	5
DIET 203A Nutrition for Performance Optimization	HLTH 4340 Fit and Well: Core Concepts in Exercise Science	5
ELECTIVES (50 Quarter Credit Maximum)		
N/A	N/A	0
TOTAL QUARTER CREDITS TRANSFERRED TO WALDEN UNIVERSITY FROM NUTRITION AND DIET THERAPY TECHNICIAN TRAINING		10
		7 sem credits
CONTINUED ON NEXT PAGE		

Walden University accepts **up to 135 quarter credits** (90 semester credits) in transfer to this program. .
Quarter credit equivalencies are shown.
A **minimum of 45 credits** (30 semester credits) must be earned at Walden.

**Please note: Students that reside in Virginia may be eligible to transfer up to 125 quarter credits. At least 55 quarter credits must be completed at Walden.*

This guide is recommended as a mapping tool. Mapping is based on the current catalog and subject to change at institution's discretion without amendment of the articulation agreement.

Official transcripts required. Transfer acceptance subject to registrar approval.

REMAINING GENERAL EDUCATION COURSEWORK (at least 3 at 3000 level or higher)	
(EQUIVALENT MAY BE TRANSFERRED FROM ANOTHER INSTITUTION OR TAKEN AT WALDEN UNIVERSITY)	
ENGL 1010 Writing with Confidence and Purpose	5
Written and Oral Communication: Communication/Composition II/Business Writing	5
BIOL 3020 Essentials of Human Anatomy & Physiology	5
STAT 3001 Statistical Methods & Applications	5
PSYC 1001 Introduction to Psychology	5
Social Science Elective: Sociology/Psychology/Anthropology/Geology/History/Political Science	5
HMNT 1001 Living and Learning in a Technological World (<i>course-based/non-transferable</i>) OR Humanities Elective (<i>Tempo</i>)	6/5*
Arts/Humanities Course: Arts/Literature/Humanities/Languages/Philosophy/Religion	5
General Education Elective	5
FREE ELECTIVES (50 Quarter Credit Maximum)	
(MAY BE TRANSFERRED FROM ANOTHER INSTITUTION OR TAKEN AT WALDEN UNIVERSITY)	
Free Electives	25
PUBLIC HEALTH COURSEWORK + CAPSTONE	
PUBH 1000 Foundations of Public Health	5
HLTH 1005 Context of Healthcare Delivery	5
HLTH 2110 Behavioral and Cultural Issues in Healthcare	5
HLTH 2500 Theories of Health Behavior	5
PUBH 3000 Environmental Health	5
PUBH 3100 Human Disease and Prevention	5
HLTH 3100 Ethical and Legal Issues in Healthcare	5
HLTH 3115 Public & Global Health	5
PUBH 4000 Public Health Education and Communication	5
HLTH 4000 Introduction to Healthcare Management	5
PUBH 4030 Planning Public Health Programs	5
PUBH 4100 Evaluating Public Health Programs	5
PUBH 4200 Public Health Policy for Social Change	5
HLTH 4200 Principles of Epidemiology	5
HLTH 4205 Intro to Research Methods & Analysis	5
HLTH 4530 Healthcare Economics from a Population Health Perspective	5
PUBH 4900 Capstone in Public Health	5
CONCENTRATION – HEALTH PROMOTION AND WELLNESS	
HLTH 4300 Personal Health and Wellness	5
HLTH 4360 Stress Management and Wellness	5
HLTH 4380 Strategies for Health Communication and Wellness	5
ADDITIONAL GENERAL EDUCATION/ELECTIVE QUARTER CREDITS THAT MAY BE TRANSFERRED FROM ANOTHER INSTITUTION OR TAKEN AT WALDEN UNIVERSITY	65
	43 sem credits
PROGRAM CORE CREDITS AND NON-TRANSFERABLE CREDITS	106/105*
	70 sem credits
TOTAL QUARTER CREDITS IN WALDEN UNIVERSITY BS IN PUBLIC HEALTH DEGREE	181/180*
	120 sem credits

*Course-Based/Tempo Learning®